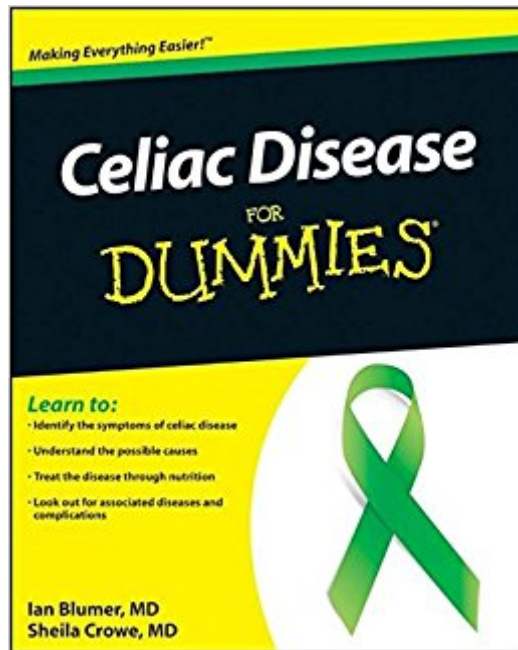




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# Celiac Disease For Dummies



## Synopsis

Celiac Disease For Dummies is the ultimate reference for people with the disease and their family members. The book helps readers identify symptoms of the disease, and explains how doctors definitively diagnose celiac disease. It outlines how celiac disease affects the body, and what its consequences could be if untreated. The authors explain how celiac disease is treated, not only through the elimination of gluten from the diet, but with additional nutritional measures and alternative and complementary therapies. Written by two practicing physicians, the book also offers practical, helpful guidance for parents of children with celiac disease, whose treatment may be a particular challenge.

## Book Information

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## Customer Reviews

"For the newly diagnosed and those who want to learn more about the disease, Celiac Disease For Dummies is a valuable resource. . . . It will be among the go-to books for newly diagnosed celiacs for many years to come. . . . Celiac Disease For Dummies will easily inform and engage readers." (GIG (Gluten Intolerance Group) Quarterly)

"The latest 'Dummies' book to broach the subject of celiac disease is a refreshing take on a serious condition because it provides, along with all the medical facts and helpful hints, a huge dose of respect for the patient and humour. If you are looking for an excellent overall reference on all aspects of celiac disease, written in non-medical, approachable language, this is it." —Janet

Dalziel, President, Canadian Celiac Association

I bought this book to help me understand celiac disease. My daughter, her husband, their three kids and my other daughter live with my husband and myself. The 15 year old has celiac which was only diagnosed the year before last. We try to cook gluten free for him, sometimes make a whole meal gluten free. I need to finish the book for the other information we can use to help him be strong.

Like these books as they are full of insight about all kinds of issues and also put some humor in it no matter how serious the problem is. I have some 'sensitivity' to Celiac so I learned so much about it and was able to smile and learn at the same time. Thus, was easier to remember this way. Thanks for this book!

Purchased this book so that I could help a family member who is having problems with Gluten. She has gotten a lot of good information from it, as well as her doctor. The Dummies Series is one of our favorites.

I was recently diagnosed with Celiac Disease and found this book extremely helpful to better understanding and knowledge of do's and don'ts and how to deal with gluten (as in do not eat it). The first chapters contain a bit too much medical jargon but once you get those words the rest is easy to read.

I am so happy my son's doctor suggested this book! it is full of wonderful information and answers to most of my questions. a "must read" for newly diagnosed Celiac patients or family's of. I will continue to refer to this book for a long time. valuable information!!!! .

It has been very helpful. Even though my testing came back negative, my doctor is still convinced I have celiac rather than gluten sensitivity. The more I read, the more I'm convinced. This book is really good.

Very informative book with a lot of info you won't find in other books. Highly recommend for any one with celiac

While there is a great amount of informaton on Celiac disease on the web, this book helps pull together alot of this informaton while adding examples and cases of what other people have experienced and lived with who have a diagnosis of Celiac. I would start with this book and supplement what you find on the internet to form a perspective on the disease.

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Worst Mistakes People Make with Celiac Disease and Gluten: (and stay sick forever)

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